



General Federation of
Women's Club - Wisconsin

GFWC - Wisconsin Clubwoman

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Rock the Vote!

As we celebrate 100 years with the right to vote,
let your voice be heard loud and clear!



See page 4 for tips for your club to "Rock The Vote!"

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Bulletin: The **GFWC Wisconsin State Convention** in-person event in Wisconsin Dells has officially been cancelled. This news does not mean we cannot conduct our necessary business, celebrate the year's accomplishments and welcome in the 2020-2022 administration.

Please stay tuned as we "retool" to move most of what we hoped to do in-person to a virtual platform. A silver lining is that we think even more members will be able to participate and enjoy the many aspects of a State Convention. We will be back in touch later in August. We assure you where there is a will, there is a way and there are a bunch of GFWC Wisconsin leaders with wills that are off the chart! Take care, stay well, and stay tuned!

Message from our 2020-2022 GFWC - WI President



Abby Lorenz
GFWC – WI President

Welcome to the 2020-2022 Administration!

I am elated to serve as GFWC-Wisconsin's 60th President during an unprecedented time in our history. Together we will overcome challenges and persevere!

I have chosen MIND-BODY-SPIRIT as my theme. The mind encompasses mental health; the body refers to keeping our engines fueled with healthy foods and exercise; and the human spirit represents each of our souls, our true inner selves who long for peace, harmony and love for one another.

“When mind, body and spirit are in harmony, happiness is the natural result.”

~Deepak Chopra

My **Administration's Pin** was designed to promote the importance of being well balanced, and the symbol of the **butterfly** has a spiritual meaning of rebirth, change and transformation.

My President's Emphasis Project is **Mental Health Awareness**. Through education my hope is to remove the powerful stigma attached to mental illness by *encouraging* those struggling, *admiring* the survivors, *honoring* the taken, and never giving up *hope*.

I am honored to be entrusted with the Presidency of GFWC-Wisconsin and promise to fulfill the duties of this office and represent you well. Please know that I am grateful for each of you and appreciate your service in your communities. Here's wishing you peace and harmony!

In Federation Friendship,
Abby Lorenz
2020-2022 GFWC-WI President



Message from our 2020-2022 GFWC - WI Director of Junior Clubs



Tammy Welter
GFWC - WI
Director of Junior Clubs

Life is a little crazy right now and we are all working on finding a new normal. This pandemic has made the beginning of our 2020-2022 administration a bit challenging. Could we ever have imagined that we would not be able to get together in person with our fellow clubwomen for our May convention? We had hoped that postponing until the end of August would be doable but alas it was not meant to be. So we do what we can to get through this together.

It is my honor to serve as your 2020-2022 Director of Junior Clubs. My theme for this administration is "Random Acts of Kindness". I did have this theme picked prior to the all the craziness around us today.

You never know how the smallest act of kindness can sometimes make a big difference in someone's life - a card, a smile, and hopefully one day soon a hug.

Throughout the next two years, we will choose "random" organizations to support. I will be asking for suggestions of organizations. I would like to focus on the programs under the five new Community Service Program Areas: Arts and Culture, Civic Engagement and Outreach, Education and Libraries, Environment, Health and Wellness, as well as the Signature Program: Domestic and Sexual Violence

Awareness and Prevention and Junior Special Program: Advocates for Children.

It is my hope to be able to visit all the Junior Clubs in the state during the next two years. Please keep me informed on your club activities. Send me your newsletters or an email. I look forward to working with the District Directors, Junior Club presidents and Junior Executive Committee.



Thank you all for your dedication to GFWC, GFWC WI and your club and for all the service you do in your club and community. Let us continue to support each other. Stay safe! Stay healthy!

In Federation Love,
 Tammy Welter
 GFWC WI Director of Junior Clubs

Officer Report - GFWC-WI Interim First Vice President

By: Deb Brossard

Looks like you just can't get rid of me as I have been appointed as the **Interim First Vice President** and am willing and able to fill what were Abby's big shoes until the 2020-2022 First Vice President is elected. Please consider this just a quick message to let you know I am on 'stand-by' to help you and your clubs with any Membership issues you may be experiencing especially since this pandemic is trying to take the wind out of our sails!

I'll work closely with the nominee for First Vice President, Nancy Dickman, so that she is aware of any initiatives we start together. Remember, the bonds of Federation Friendships have never been more important in order to continue the club work that is needed, now more than ever, in all our communities. Please don't hesitate to contact me.

No question is too silly, no issue not important. Let's not let COVID win by allowing it to negatively affecting our Membership Recruitment and/or Retention! Who's with me!?

Great Tips for your club to "Rock The Vote!"

Excerpts from GFWC July 20, 2020 Webinar

1. **Work to increase voter registration**

- Know your local voter registration process.
- Make sure all members of your club are registered to vote.

2. **Facilitate voting: mail, early voting sites, curbside and absentee voting**

- All elections by mail - Hawaii, Colorado, Oregon, Utah and Washington
- All states allow vote by mail in certain circumstances. Some absentee and mail ballots require a witness—assist others by serving as a witness.
- Ensure that anyone who wishes to vote has access.

3. **Sign up for information about all candidates for a state or federal office; this can be done without making a political campaign contribution.**

4. **GFWC doesn't endorse candidates, nor should state federations/clubs.**

5. **Virtual candidate forums may be hosted by clubs. All candidates for the office must be invited to your club's forum.**

Ride Sharing—Is this feasible in the current health climate? If so, utilize early voting sites and curbside voting for those with handicapped placards.

Work the Polls—Volunteer for jobs that are at your comfort level. State and county boards of election offer training and depend on temporary employees and volunteers to ensure registered voters can vote.

Final Messages from 2018-2020 Officers

Greetings GFWC Wisconsin Federation Sisters,
 I hope you can feel the virtual hugs I am sending your way as we all continue to live through these unprecedented times with optimism and hope. Thank you for the opportunity to lead this wonderful organization over the past two years. I assure you the memories will remain seared into my brain and close to my heart. To close with a line from our Collect, "In the big things of life, we are at one."

In Federation Love and Friendship,
 Deb Brossard,
 Immediate Past GFWC-WI State President
 2018-2020



A few special moments during Deb Brossard's administration -



Final Messages from 2018-2020 Officers



Janice Curtiss
GFWC – WI
Second Vice President
2018-2020

This has been an interesting year so far and one thing is for sure...we have all had to be flexible, creative and have lots of patience! Congratulations to all of you for the wonderful projects you accomplished in 2019. GFWC-WI wouldn't exist without all of our dedicated Clubwomen...You are all WINNERS in my book!

I would like to send a special shout out to thank my reporting team. The task of compiling and sending out all of your reports to the chairmen is a HUGE task! Thanks for all your help...Tammy Welter, Nancy Niedziela and Deb Brossard I truly appreciate all you did!

As this is the last time you will hear from me in the Wisconsin Clubwoman for a while. I would like to thank all of you for your support, it truly means the world to me. This has been a journey I will treasure...

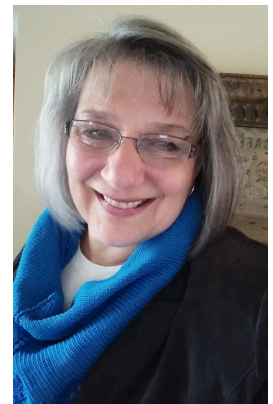
Blessings to you all,
Janice

The GFWC-WI records are ready for review and ready to begin the next club year! We are in great shape.

As I finish my term as the GFWC-WI Treasurer, I wish to say THANK YOU so much for your support these two years. An officer position is never a one person show, it requires the cooperation and collaboration of dozens and dozens of our wonderful clubwomen. I have thoroughly enjoyed my opportunities to work with the club presidents and treasurers, the committee members and my fellow officers.

I was so proud to wear the Treasurer's pin. You gave me such a gift of learning and friendship when you elected me in 2018 and I will cherish the memories from this experience.

In Federation,
Nancy



Nancy Dickman
GFWC - WI
Treasurer
2018-2020

Final Messages from 2018-2020 Officers



Nancy Niedziela
GFWC - WI
Recording Secretary
2018-2020

Greetings sisters,

The recording secretary has been busy with planning for the 2020 GFWC-WI Convention. In addition to serving as the treasurer for the Rolling Hills District, I have been active in planning for the convention since Rolling Hills is the hosting district. This is a special convention because incoming president, Abby Lorenz, is from the Rolling Hills District, and we worked hard to make her installation incredibly special. I have had fun with table favors, flowers, special treats, and goody bags. Even though the in-person convention is cancelled, you will see some of the favors, goody bags and special things over the entire year! They will not go to waste. Extras will be donated to sister clubs. We will celebrate Abby and Deb for an entire year rather than a weekend!

I have obviously worked on keeping accurate minutes, advising on new agendas, and this year, for the first time, I have been involved in the collection of your reports. My goodness, you have done wonderful things. I also have a grand appreciation for the tremendously difficult project the collection of these reports is. I truly appreciate all of you who took the time to make each report a separate document. It makes everyone's work so much easier. This year we will have a special award booklet for you which will be mailed to BOD members and club presidents after the virtual convention. This will be a nice memento of all of your accomplishments.

I want to thank all of you for the privilege of serving on the Executive Committee of the GFWC-WI these past two years. It has been a great ride.

Thanks for electing me and offering me this great experience.

In Sisterhood,
 Nancy



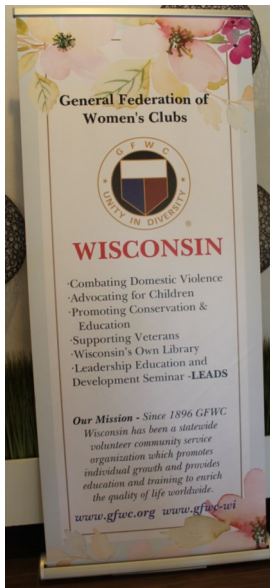
Sue Sands
GFWC - WI
Corresponding Secretary
2019-2020

I want to take this opportunity to thank the general membership of GFWC-WI for their support given to me during my year as corresponding secretary. Everyone responded to my questions quickly and concisely and that made my position so much easier and more fun.

If you know of a member who needs to receive a card, please let me know the name and address. Activities since March included: cards sent to eight members plus correspondence for State Health Scholarship, Trees for Tomorrow, and GFWC dues. The Executive Committee also conducted five meetings via Zoom.



Thank you, GFWC-Wisconsin Officers 2018-2020!







GFWC-WI FALL WORKSHOP

Friday, October 2 & Saturday, October 3, 2020

Mini LEADS on Sunday, October 4 – See Separate Registration

Holiday Inn Pewaukee Milwaukee West, N14 W24140 Tower Place, Pewaukee, WI 53072

Name _____

Address _____

City _____ Zip _____

Phone _____ (Required to reach you) Email _____

Name of Club _____	Please check highest office currently held	
	<input type="checkbox"/> GFWC-WI Officer	<input type="checkbox"/> GFWC-WI Junior Board Member
	<input type="checkbox"/> District President	<input type="checkbox"/> Member
District _____	<input type="checkbox"/> GFWC-WI Board Member	<input type="checkbox"/> Guest
	<input type="checkbox"/> Club President	

Registration	Postmarked on or before September 10, 2020	\$30.00	_____
Early Bird Discount of \$5.00	Postmarked on or before August 31, 2020		
CASH refunded at the workshop			
Late Registration	Postmarked after September 10, 2020	\$45.00	_____

Friday Dinner at Thunder Bay Grille, N14 W24130 Tower Place, Pewaukee, WI 53072
All Meals Include Baked or Fried Cod, Salad, Sides and Non-Alcoholic Beverage.

	Deep Fried Cod	\$25.00	_____
	Baked Cod	\$25.00	_____
Saturday Breakfast	Breakfast on your own		
Saturday Lunch – Plated Turkey Sandwich Includes Pasta Salad, Fresh Fruit, and Cookie		\$22.00	_____
Saturday Dinner – Your Choice of Entree	Grilled Salmon with Ginger Teriyaki	\$30.00	_____
	Glaze		
	Garlic Herb Boneless Chicken Breast	\$30.00	_____
	Balsamic Grilled Vegetable Skewers with Rice (Vegetarian Option)	\$30.00	_____

Optional Event			
Saturday Evening	Karaoke Singalong - Includes one Adult Beverage	\$15.00	_____
Sunday Morning	Breakfast on your own		

WORKSHOP TOTAL: _____

Dietary Restrictions: _____

Make Checks Payable to:	GFWC-WI
Mail To:	Nancy Niedziela
	N30 W29273 Hillcrest Drive
	Pewaukee, WI 53072

NancyNiedzielaGFWCWI@gmail.com Phone: 262-366-1660

For Office Use
 PDS _____ Date _____
 CK# _____ NPS _____

FALL WORKSHOP HOTEL INFORMATION**ACCOMMODATIONS:**

Rooms are blocked for GFWC-WI at the Holiday Inn Pewaukee Milwaukee West.

Holiday Inn Pewaukee Milwaukee West Call for Reservations: 262-506-6300
N14 W24140 Tower Place, Pewaukee, WI 53072

Rate: \$104.00 plus taxes per night

Ask for the “**GFWC Wisconsin room block**” to receive the negotiated rate.

Rooms include 2 Standard Queen Beds, Free WiFi, 32” Flat Panel HD TV, Refrigerator, Keurig Coffee Maker, Hair Dryer, Iron, Fitness Center, and Indoor Heated Pool with Whirlpool.

Book your room by September 2, 2020 as our room block rate is not guaranteed after that.

TENTATIVE AGENDA: 2020 Fall Workshop

Friday, October 2: All meetings will occur at Holiday Inn Pewaukee Milwaukee West. Casual or GFWC attire recommended.

- 12:00 pm: Amendments and Policies Committee Meeting
- 1:00 pm: Executive Committee Meeting
- 2:00 pm: Registration Opens at Holiday Inn Pewaukee until 4:00 pm
- 2:00 pm: District Presidents’ Meeting
- 3:00 pm: Membership Committee Meeting
- 3:00 pm: Community Service Programs, Special Programs, and Class "A" Chairmen’s Meeting
- 3:00 pm: Leadership Committee Meeting
- 3:00 pm: Communications and Public Relations Committee Meeting
- 4:00 pm: Adjournment of all meetings
Fish Fry Friday!
- 4:30 pm: Arrive at Thunder Bay Grille (located next door and connected) - Social Hour with Cash Bar

-Fall Workshop tentative agenda continues on next page-

Fall Workshop tentative agenda continued-

Friday, October 2:

- 5:00 pm: Fish Fry at Thunder Bay Grille (Registration and Pre-Paid Meal Ticket Required)
- 6:30 pm: Registration Opens at Holiday Inn Pewaukee Milwaukee West
- 7:00 pm: GFWC-WI Board of Directors Meeting at Holiday Inn
- 9:00 pm: Junior Board Meeting

Saturday, October 3: All meetings and meals will be at the Holiday Inn Pewaukee. Casual or GFWC attire.

- 7:00 am to 9:00 am: Breakfast on your own
- 8:00 am: Registration opens until 9:00 am
- 9:00 am: Call to Order
Welcome, Business, GFWC-WI Chairman Presentations
- 11:00 a.m. Featured Guest Speaker on President's Emphasis
Mary Kay Battaglia of NAMI (National Alliance on Mental Illness)
Topic: Mental Health Awareness
- 12:00 pm: Catered Lunch (Registration and Pre-Paid Meal Ticket Required)
- 1:00 pm: Business and GFWC-WI Chairman Presentations resume
- 4:30 pm: Adjournment
- 5:30 pm: Social Hour
- 6:00 pm: Plated Dinner (Registration and Pre-Paid Meal Ticket Required)
- 7:00 pm: Karaoke Singalong – Registration Required, Includes One Adult Beverage
- 9:00 pm: Evening GFWC-WI activities conclude

Sunday, October 4: Mini LEADS at Holiday Inn Pewaukee. Casual or GFWC attire.

Separate registration is required; see next page. Contact Mary Meek at rlmeek3@gmail.com

- 7:00 – 9:00 am: Breakfast on your own
- 9:00 am: Mini LEADS Begins
- Noon: Mini LEADS Concludes



**GFWC-WI State Federation Mini LEADS U
(Leadership, Education and Development Seminar)**

We're Focusing on Opportunities!
Experience GFWC-WI Mini LEADS 101
Sunday, October 4th, 2020 (9am-12pm)

A live and/or virtual event following the GFWC-WI Fall Workshop
Holiday Inn Pewaukee Milwaukee West, Pewaukee, WI

Mini LEADS is a wonderful opportunity for all GFWC-WI Clubwomen to learn more about GFWC giving participants the knowledge necessary for positive leadership development. Participation is a great experience for Clubwomen as the seminar is designed to 1) provide attendees with broader insight so they can more fully appreciate their club and GFWC's structure and activities, 2) promote heightened participation at the club level and 3) provide encouragement to continue Living the Volunteer Spirit in their communities. Topics addressed in the seminar include leading effective meetings, parliamentary procedure, conflict management, public speaking, GFWC history, & more.

Every GFWC Wisconsin Club is encouraged to sponsor two members to attend Mini LEADS 101. Consider clubwomen assuming new leadership roles who would appreciate additional training, as well as members who are potential leaders for your club to attend GFWC-WI Mini LEADS 101. The seminar will be held on Sunday (10/4 – the day following the adjournment of the GFWC Fall Workshop) from 9am-12pm at the Holiday Inn Pewaukee Milwaukee West, N14 W24140 Tower Place, Pewaukee, WI.

Please note: Health/safety guidelines will be followed. Virtual options are being considered if we are not able to gather in person.

Please complete this registration form for each participant, include the \$10 registration fee (payable to GFWC-WI) and remit to:

Mary Meek - GFWC-WI Leadership Chairman 5659 Silent Drive, Rhinelander, WI 54501

Registration: Due by September 15th

Club Name _____ District _____

Member's Name _____

Address _____ City _____ Zip Code _____

Email Address _____ Contact Number _____

List your current Club, District and State involvement including activities and chairmanships:

List specific topics that you would like to have addressed at your GFWC-WI Mini LEADS 101 session:

Have you attended: District Mtgs _____ State Mtgs _____ International Mtgs _____

My workshop preference: ___ Live, in person OR ___ Virtual

Applicant's Signature

Let's welcome our new GFWC-WI District Presidents!



Sue Schwarten
GFWC – WI District President
Rolling Hills
2020-2022

As far as I know there has never been a stay at home order because of a pandemic. Many of us found ways to still meet with family, friends, coworkers or club women.

My theme for my term is “Be Present”. Even if we cannot meet in person we should still attend any virtual meetings that are planned.

As President of the **Rolling Hills District** my goal is to find out why some women do not attend meetings and try to change what keeps them from being present.

I feel meetings are crucial in building strong clubs as well as personal friendships. I have several friends for life as a result of being present at club meetings. I have heard some really good speakers that have inspired me to either change or try new things in my life. You never know when something you hear at a meeting can make a difference in your life. Also when you meet someone new how they can change your life as well as you could change theirs.

I hope to see more of you at our future meetings.
Please **BE Present!**



On June 29, 2020, nineteen brave women of the **GFWC-WI Lakeshore District** (Milwaukee and Ozaukee County clubs) and guests happily met in person to celebrate the closing of the 2018-2020 administration under the leadership of Dorothea Lannin and install the 2020-2022 administration under the leadership of Erin Epping. Social distancing was achieved, and face coverings were worn!

Thank you to our incoming state president, Abby Lorenz, for installing the new officers. Abby shared her strategic plan and her Mental Health Awareness special project. Erin shared her plan for the next year which includes a focus on membership. The clubs in the Lakeshore District are engaging their members through virtual meetings and email notifications. The next in person district meeting is scheduled for October 26 in Shorewood.



Erin Epping
GFWC – WI District President
Lakeshore
2020-2022

Greetings from the **Southern Prairies District!** My name is Julie Saether and I am the 2020-2022 Southern Prairies District President. These are challenging times to lead in right now.

Currently our District and clubs are figuring out how to navigate what works on a District and club level. There are a variety of things happening amongst the clubs. Some have had board meetings either via Zoom or in person following safe physical distancing guidelines, one has had a social event at an outdoor park, some are planning to meet in the near future to discuss alternative ways to do fundraising, and some have chosen not to meet because of the coronavirus risk to members. During this time, we need to reach out to one another and share ideas of how to keep our clubs active in some form which will probably look very different. It is important that we choose to be optimistic and hope-filled every day to keep our clubs vibrant, growing, and active.



Julie Saether

**GFWC – WI District President
Southern Prairies**

2020-2022



Sue Sands

**GFWC – WI District President
Rivers and Lakes**

2020-2022

Greetings from the **Rivers and Lakes District!** We hope everyone is able to maintain their health and happiness during this unusual time in our world.

Rivers and Lakes District will meet this fall (tentatively planned for November) to begin our new two year commitment to GFWC-WI. We are anxious to continue supporting the programs and plans put forth by the 2020-2022 administration under the leadership of GFWC-WI President Abby Lorenz and her Executive Committee.

Even though our district is small – 6 clubs with approximately 135 members – you will know who we are by our enthusiasm and commitment to GFWC! Hope to see you at many 2020-2022 activities!

**Editor note: Hope to include additional District Presidents in next issue.*

New GFWC Program Areas:

Civic Engagement and Outreach

Submitted by: Loretta Caron, Chairman



The GFWC **Civic Engagement and Outreach** Community Service Program reminds GFWC members that each of us is a part of a larger society and is responsible for undertaking actions that will create a better quality of life and foster a sense of community— locally, regionally, nationally, and globally. The four “broad strokes” of this effort include: Citizenship; Crime Prevention, Safety, and Disaster Preparedness; the Needy, Hungry, and Homeless; and Our Military Personal and Veterans.

Get inspired with these ideas:

- Work together to “Get Out the Vote”
- Support and thank local police and fire departments for keeping the community safe
- Share fact sheets about the “Top 10 Financial Scams Targeting Seniors”
- Collect socks – the #1 most requested item at homeless shelters
- Create awareness about the high rate of suicide among veterans and suicide prevention programs.

Get more ideas in the Club Manual.

Environment

Submitted by: Karen Ostrowski, Chairman



As we enter this new administration I will refer you to the GFWC Manual and you will find many of the programs we've had and also some new resources. I will concentrate on Wisconsin issues and information resources.

- How about becoming a member of the Friends of Horicon Marsh? Take a tour and they have wonderful education center. Their website: www.horiconmarsh.org
- Maybe you would like a program on invasive species <http://dnr.wi.gov/invasive-species>. This website will get you just about anything—just change subject to what you want eg. forestry. Speaking of invasive species when buying plants for your garden, read labels and watch for things that spread easily and grow everywhere many invasive plants started out by unaware gardeners.
- Have you ever heard of blue green algae? I hadn't until I read an article put out by Wisconsin Department of Health. Many of us have dogs that are like are children and this algae can be deadly to both dogs and humans. Try to avoid brackish and scum covered swimming areas , bathe pets and yourself after swimming in ponds. A small amount of ingested of this water can make you ill. Symptoms to watch for vomiting, diarrhea, seizures and difficulty breathing any of these symptoms warrant calling a veterinarian or doctor.

Please enjoy the outdoors and keep it clean!

Education and Libraries

Submitted by: Julie Riemenschneider, Chairman



The 2018-2020 GFWC Education Chairman Sharon Sheridan was most helpful with her monthly reports. I was able to share her suggestions with club members. The focus was on encouraging children to enjoy reading. The emphasis on reading the Dr. Seuss books was promoted by almost every club. Collections of children's books were given to libraries and to the national GFWC.

There was a good response from clubs in their annual reports. I look forward to a second term as your **Education and Libraries** chairman.

Arts and Culture

Submitted by: Kristina Higbee, Chairman



ARTS and CULTURE COMMUNITY SERVICE PROGRAM

Angela Cutrera, Chairman E: angelacutrera1@gmail.com

The study of art and culture enriches the human experience. Art education improves problem solving and critical thinking skills, builds focus and perseverance, and nurtures creativity, confidence, and collaboration. Cultural awareness promotes effective communication and profoundly increases the ability to appreciate and enjoy a variety of new people and experiences.

CHALLENGE PROJECT
Sponsor a Youth Art Contest during Youth Art Month in March.

Affiliate Organizations

(Confirmed as of date of printing)

Depending on club intent, projects/programs from these GFWC Affiliate Organizations could be reported here as well:



Resource Organizations



Google Arts & Culture



Get Inspired with "Grassroots" Projects

- Be creative – design and decorate a garden.
- Help build, paint, and decorate a Little Free Library.
- Host an art supply drive within your club.
- Hold a recycled art contest for art projects made using recycled materials.
- Work with your Chamber of Commerce and/or Tourist Commission to create a map of your community with pictures/drawings and descriptions of historic sites, monuments, and points of interest.
- Make homemade holiday cards for nursing home residents or Meals on Wheels recipients.
- Provide artwork and help decorate a reading nook at the library, a local laundromat, or other location in your community.
- Donate books with an art theme to the public library, a school library, or a Little Free Library.
- Donate seasonal and holiday themed coloring sheets for children at schools and libraries.
- Hold a "Chalk the Walk" contest for elementary school children on sidewalks in front of a municipal building, library, elementary school, or other public venue. Choose a theme and have your club supply the chalk and ribbons for the winners.
- "Hire" student jazz combos, string quartets, or even the whole band to perform at club events.
- Use an artistic event to raise funds to sponsor local community art and cultural programs.
- Feature art or art forms that are indicative of another culture at monthly club meetings—origami, Faberge Eggs, Ukrainian Easter Eggs, Russian icons, and others.
- Host an international dinner party. Choose a country or region as a theme. Decorate and select the meal to fit the theme. Learn about the culture by sharing facts about the area including food, music, lifestyle, etc.
- Volunteer at a school to teach a lesson from your cultural heritage to students. Include information about the food of the culture and provide samples for the students to taste.
- Present a few interesting facts at club meetings to acquaint members to a variety of international, regional, and local cultures.
- Study and compare pottery or fabrics from different areas of the United States and other countries.
- And many more provided in Club Manual.

(This list is a brief offering of project ideas. Please visit Club Manual for other grassroots projects and/or programs as well as those with Affiliate Organizations or Resources.)



Health and Wellness

Signature Program Chairman: Domestic and Sexual Violence - Awareness & Prevention

Submitted by: Kay Saleweske, Chairman

Elder Abuse: is a “single, or repeated act or lack of appropriate action, occurring within any relationship where there is an expectation of trust which causes harm or distress to an older person. This definition was adopted by the World Health Organization (WHO).



It includes harms by people the older people know, or has a relationship with, such as a spouse, partner, or a family member; a friend or neighbor; or people that the older person relies on for services. Paid caregivers have been known to prey on their elderly patients. Many forms of elder abuse are recognized as types of Domestic Violence since they are committed by family members.

There are several types of abuse of older people that are recognized as being as abuse.

Physical - e.g. hitting, pushing, kicking, withholding needed medication.

Emotional - e.g. verbal forms include yelling, name-calling, constant criticizing. Non verbal forms include ignoring, silence, shunning, withdrawing affection.

Sexual - e.g. forcing a person to take part in any sexual activity without his or her consent

Financial - e.g. also known as financial exploitation, involving misappropriation of financial resources by family members, caregivers, or strangers trying to control the elder person.

Neglect - e.g. depriving a person of proper treatment, food, heat, clothing, comfort, essential medication, depriving a person of needed services, leaving an at-risk (fall risk) unattended.

Institutional Abuse - refers to physical or psychological harm received in nursing homes. Recent studies of approximately 2000 nursing home facilities in the US reported a growing abuse rate of 44% and neglect up to 95%. Abuse and neglect in nursing homes is becoming a silent condition.

Alarming Signs of Elder Abuse

- Broken bones or fractures
- Poor physical appearance
- Changes in mental status
- Frequent infections
- Bruising, welts, cuts
- Unexplained weight loss
- Refusal to speak
- Signs of dehydration
- Lack of cleanliness



Health Consequences

Elder Abuse can destroy an elderly person’s quality of life in forms of:

- Declining functional abilities
- Sense of helplessness and stress
- Depression and dementia
- Death (even premature mortality). The risk of death for elder abuse victims is three times higher than for non-victims.
- Malnutrition
- Bed Sores

With the aging of today’s population, there is the potential that elder abuse will increase unless it is more recognized and addressed.

This chairman will continue to address this issue important to us all, no matter what our age.
Be Kind To Each Other.

Advocates for Children

Submitted by: Sue Bessert, Chairman

Advocates for Children is designed to make a difference in the life of a child by being an advocate. The Program was envisioned as a way for clubwomen to provide a voice for children and to teach and encourage parents and other caregivers to advocate for children at the grassroots level.



The GFWC title says “Juniors Special Program”. During my administration we will concentrate on **ALL** clubs advocating for children!

Get your club excited about a project. Ask them for their ideas or narrow down the top ones. Here are a few ideas to get started:

- Partner with a local children’s service organization and find out its needs.
- Start a virtual/socially distance walk-run for St. Jude’s Hospital.
- Donate supplies to after-school programs.
- Sew face masks for teachers and their students.

Be sure to check out the new Club Manual for details on Stick Your Neck Out award due March 2021. Try to do your project during Children’s Advocacy Week Oct 25-31, 2020.

Leadership

Submitted by: Mary Meek, Chairman

Focusing on the Opportunities

I am truly enjoying the GFWC Summer Webinar Series. In listening to the Communications and Public Relations session, I was once again reminded that we have a choice in how we handle crisis situations. The question is, do we focus on the dangers or the opportunities in times of crisis? The answer for most of us is that we do both. As strong, thoughtful and intelligent clubwomen, we strive to understand the dangers in these situations which enables us to make informed, safe decisions. At the same time, our dedicated, resilient and creative mind strives to clearly see opportunities which allow us to fulfill our ongoing mission of service to our community.

This is the approach that your GFWC-WI Leadership Committee is taking to best serve YOU (our community). We are responding to our current situation as an opportunity to put ideas into action and move forward in the development and implementation of virtual learning options within GFWC-WI Mini LEADS U.

So, watch for details on upcoming events.

***Your GFWC-WI Leadership Committee
is Focusing on the Opportunities!***



GFWC - WI Website

Submitted by: Erin Epping, Webmaster

- ❑ Over the last month, the gfwc-wi.org website has been updated with information about the new 2020-2022 state administration, the new community service programs, and upcoming state special programs. Please check out the changes!
- ❑ Usually monthly, the GFWC-WI leadership team receives email newsletters from GFWC International chairwomen. Those newsletters are not emailed to everyone but are posted on the website for instance on the Community Service Program and Committee pages. Please check those out monthly!
- ❑ All GFWC-WI Clubwoman newsletters are posted on the website. A notification of the availability of the Clubwoman is sent to all club members via an email service known as Mailchimp. If we have your email address, you should be receiving the notifications. Please check your spam folder periodically to see if any notifications from the state are ending up in that folder.
- ❑ Finally, we received an interesting question via the website. If anyone has a recollection or information about the following, please send an email to gfwcwi.webmaster@gmail.com.

Subject: Words of Club song

Message: I learned that Greta Johnson composed the words for the Wisconsin Federated Women's Club Song which was sung to the tune of "Finlandia." Her full name was Greta Johnson Muehlmeier (1905-1998). She played the violin and taught music. A daughter was Helaine Muehlmeier M.M., a GIM Certified Therapist in Madison. Greta was the daughter of Reverend David and Louise Johnson. David served as a Methodist minister in Brooklyn, Wisconsin from 1924-1928.

Do you have any information about Greta's song or the words?

GFWC Great Lakes Region—Save the date!

Submitted by: Patricia Heitman, President

From the desk of Patricia Heitman, President GFWC Great Lakes Region

The Executive Committee of the **GFWC Great Lakes Region** has aired on the side of caution and will not be having an 'in person' Region Conference in the fall. We will be having a virtual Conference through GFWC BigMarker. Information regarding the Conference will be emailed to each of the Region's State Presidents and Directors of Junior Clubs as soon as it is available. The format is presently in the works but each Region meeting will be similar.

OCTOBER 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Our meeting will be scheduled for **October 24, 2020**. Please save the date!

GFWC - WI Writing Contest

Submitted by: Nancy Niedziela, Chairman 2018-2020

Sisters, I am sad to be leaving my position as the Writing Contest Chair for the GFWC-WI. I have thoroughly enjoyed reading the work of our Wisconsin students, and the fascinating pieces of our membership over the past 5 years. It has been a real pleasure.

It is my privilege to announce that Alexandra Lerch-Gaggl will be replacing me as the Writing Contest Chairman for 2020-2022. She is excited to take on this responsibility. Her contact information is alexandralerch@hotmail.com, 262-303-4420 and you will be mailing your entries to her at W275N2337 Oak Court, Pewaukee, Wisconsin 53072.

All the rules and regulations of the student contest will remain the same; and are posted on the GFWC-WI website as well as the GFWC website. Each club is entitled to have a contest in its area. Clubs can have contests for children of all ages, or they can just have a contest for one age group – say the high school kids or elementary school kids. Each club may then send in one entry in each category: 1 short story and 1 poem.

The categories are

Category 1 - Grades K-2;

Category 2 - Grades 3-5;

Category 3 - Grades 6-8; and

Category 4 - Grades 9-12.

You do not need to have a district contest. Each club's entries go directly to the state chairman. Please encourage this activity in your Arts and Culture Community Service Programs or under your Education and Libraries Community Service Programs. Alexandra is waiting to hear from you in February. Stories and poems must have been written in 2020.

The member writing contest is different. Every single member of GFWC-WI is eligible to send in a poem and/or short story directly to the GFWC-WI Writing Contest Chair. You do not have to enter a contest at any other level. You are all incredibly talented women, let us see more of your work.



EPSILON SIGMA OMICRON (ESO)

Submitted by Nancy Schrap, GFWC-WI Chairman



Epsilon Sigma Omicron

These Greek letters mean "Enlighten Your Own Pathway"

I will be continuing as 2020-2022 GFWC-WI ESO Chairman. The love of reading and learning are the only criteria to start this reading program. Go to GFWC-WI website for information about ESO. There is an application for you to complete to become a Pledge Level. You will then read and report four books from four different categories to reach the Member Level.

The new GFWC Education and Libraries chairman is Tina Daniel, Ed.D., LPC. We will be putting her monthly newsletters on the website. Of special interest in Volume One: ESO Facebook Book Group meeting to discuss various books. You might want to join up.

We have also created a GFWC-WI Addendum to the website. We have expanded some categories and added new:

- Wisconsin Authors
- Current Events, Politics & Government
- Fiction Genre: Historical with suggested reading

GFWC - Wisconsin

In Memoriam



GFWC-WI will be honoring those club members whom we have lost during the 2018-2020 Administration.

Please send their names, represented clubs and highest officer position held.

Please send information to Michelle Munoz via email at chellemunoz@hotmail.com no later than Friday August 14, 2020.

Thank you!

GFWC - WI Health Scholarship Awards

Submitted by Mary Dietz, Chairman

At the recommendation of the Scholarship Committee, GFWC-WI was pleased to award four \$1,000 scholarships to students pursuing health related degrees. Because the 2020 State Convention was postponed due to Covid-19 pandemic, the award winners were notified and the certificates were sent to each by mail.

The 2020 Health Scholarship recipients are:



Bailey Imhoff



Laura Kastanek



Jennifer Novotny



Morgan Flier

- **Bailey Imhoff** of Edgar, Wisconsin who will attend the University of Wisconsin-Eau Claire majoring in Neuroscience. Bailey's goal is to research treatments and cures for people with mental illness. Bailey is sponsored by the Lakeland Area GFWC.
- **Laura Kastanek** of Amery, Wisconsin who will be attending the University of Wisconsin-Madison majoring in nursing. Laura is sponsored by the Amery Woman's Club.
- **Jennifer Novotny** of Plymouth, Wisconsin who will be attending University of Wisconsin Milwaukee as a nursing student. Jennifer is sponsored by the Plymouth Federated Woman's Club.
- **Morgan Flier** of Waupun, Wisconsin who will be attending the University of Wisconsin – Oshkosh as a nursing student. Morgan is sponsored by the Hartford Woman's Club.

All the recipients have expressed many thanks and deep gratitude for conveying the awards to them as they advance their post-high school educations. All the recipients had compelling stories to share.

The committee was very pleased to share that five of the six districts were represented in the applicant pool of 19. All of the applicants were tremendously academically talented and marvelous examples of our next generation. Although it was a challenging task to whittle the field to four recipients, it was truly a privilege to read their applications.

CLUB CORNER

All clubs are invited to submit short news, notes and photographs of what projects and activities your clubwomen are doing. It's great to include names of members in photos. Any questions, please email Sue Bessert, bbessert@centurytel.net.

GFWC Woman's Club of West Allis

"Cooling" off the Veterans Project

In July after a long stretch of hot humid weather, the **Woman's Club of West Allis** decided to "cool" off. We collected over \$500 and purchased 30 box fans at a discounted price with free delivery from Ace Hardware for Milwaukee Homeless Veterans Initiative. We also collected 2 used fans and 1 new fan. A big thank you to Elliott's Ace Hardware for being a wonderful partner with our generous members to "cool" the veterans and their families.

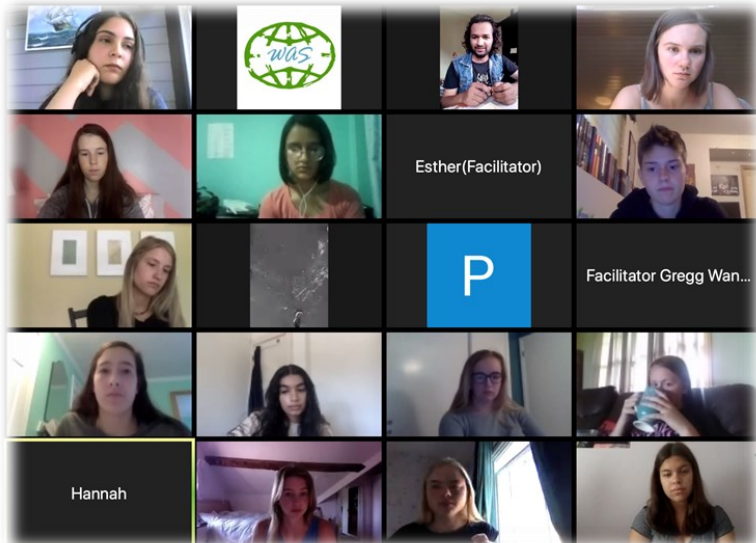


GFWC Woman's Club of West Allis Fan Project Coordinators **Sharon Plucinski** (left) and **Linda Taylor** (right) with Ace Hardware Staff (center)



Delivering some of the fans to Milwaukee Homeless Veterans Initiatives are left to right: **Linda Taylor**, **Carol Ziehler** & **Sharon Plucinski**.

GFWC Rhinelander Woman's Club



The **GFWC Rhinelander Woman's Club** sponsored three students to attend the June World Affairs Seminar (WAS) that went virtual in 2020! This year's theme, "Hunger in a World of Plenty" had nearly 200 delegates participate from around the globe. It was the first time in the organization's history that WAS became a virtual seminar. As a special offer our club president, **Cindy Goll** was able to sit in on this year's sessions.

CLUB CORNER

GFWC Brown Deer Junior Woman's Club

In June, as part of **GFWC Brown Deer Junior Woman's Club** "Hands on Volunteering" theme, several of our members sorted and organized shoes at Soles for Jesus, which distributes shoes to the underserved in sub-Saharan Africa. It was great to get back out and serve the community.

For more information on Soles for Jesus visit their website at <http://www.solbbeesforjesus.org/about-sfj/>.

In May, as part of our Woman's Scholarship for Continuing Education, two scholarships were awarded to women returning to school.

Submitted by: **Dorothy Protz**

Who Are Those Masked Women?



They're Brown Deer Juniors! Members from L to R are Erin Epping, Patti Rosenwald, Dorothy Protz, Monica Baran, Carolyn Mitchell and Danielle Schmitz.

GFWC Woman's Club of West Allis

On Thursday, April 30, **GFWC Woman's Club of West Allis** provided a meal for Aurora West Allis Medical Center staff. In order to support small business in the city, box lunches were ordered from West Allis Cheese and Sausage. The meal was delivered to the hospital by 3 club members. The club's contribution was to show appreciation for the hospital staff and to support local business.

Submitted by: **Carol Ziehler**, GFWC Woman's Club of West Allis Newsletter Editor



Pictured are woman's club members **Linda Taylor**, **Christine Ranke** and **Carol Ziehler** at the West Allis Cheese and Sausage Shop and at the Hospital with Aurora West Allis medical staff member, **Terese Beauchamp**.

Your 2020-2022 GFWC - Wisconsin Leadership* -

NAME	CLUB	ROLE
Abby Lorenz	Woman's Club of Pewaukee	President
*Nancy Dickman	Muskego Woman's Club	First Vice President
*Linda Brown	Port Washington Woman's Club	Second Vice President
*Nancy Kuczarski	Rhinelanders Woman's Club	Recording Secretary
*Nancy Niedziela	Woman's Club of Pewaukee	Corresponding Secretary
*Michelle Munoz	Kenosha Junior Woman's Club	Treasurer
Tammy Welter	Kenosha Junior Woman's Club	Director of Junior Clubs
*Suz Hooser	Kenosha Junior Woman's Club	Junior Director Elect
Lisa Miller	Kenosha Junior Woman's Club	Junior Secretary
Betty Lou Janney	Antigo Junior Woman's Club	Junior Treasurer
Nancy Dickman	Muskego Woman's Club	Dean of Chairmen/Award Entries
Ella Dzioba	Woman's Club of Pewaukee	President's Assistant
Paula Schlice	Stevens Point Woman's Club	Parliamentarian/Parliamentary Authority
Erin Epping	Brown Deer Junior Woman's Club	Lakeshore District President
Betty Lou Janney	Antigo Junior Woman's Club	Northwoods District President
Julie Riemenschneider	Amery Woman's Club	Northern Lights District President
Julie Saether	Blanchardville Woman's Club	Southern Prairies District President
Sue Sands	Woman's Club of De Pere	Rivers and Lakes District President
Sue Schwarten	Muskego Woman's Club	Rolling Hills District President
Loretta Caron	Kenosha Junior Woman's Club	Civic Engagement and Outreach CSP Chairman
Kristina Higbee	Oconomowoc Junior Woman's Club	Arts and Culture CSP Chairman
Karen Ostrowski	GFWC Amherst Junction	Environment CSP Chairman
Marianne Potter	GFWC Stevens Point Woman's Club	Health and Wellness CSP Chairman
Julie Riemenschneider	Amery Woman's Club	Education and Libraries CSP Chairman
Deb Strecker	Kenosha Woman's Club	Theodora Youmans Chairman
Ina Trummer	Past State President's Club	Woman of Achievement Chairman
Tari Wallner	Stevens Point Woman's Club	Jennie Award Chairman
Alexandra Lerch-Gaggl	Woman's Club of Pewaukee	Writing Contest Chairman
Joy Allen	Woman's Club of Pewaukee	Member Art and Photography Contest Chairman
Shirley Mattox	Oshkosh Women's Arts Club	Helen Mears Art Contest
Nancy Schrap	Past District Presidents Club	Epsilon Sigma Omicron (ESO) Chairman
Carol Wolfenden	Hillsboro Woman's Club	Community Improvement Program Award Chairman
Kay Salewski	Rhinelanders Woman's Club	Signature Program Chairman: Domestic and Sexual Violence Awareness & Prevention
Sue Bessert	Rhinelanders Woman's Club	Junior Special Program Chairman: Advocates for Children

GFWC - Wisconsin Leadership continued -

NAME	CLUB	ROLE
Nancy Dickman	Muskego Woman's Club	Membership Chairman
Missy Kimball	Oconomowoc Junior Woman's Club	Communications & Public Relations Chairman
Mary Meek	Rhineland Woman's Club	Leadership Chairman
Linda Taylor	Woman's Club of West Allis	Legislation/Public Policy Chairman
Diane Zickert	Brillion Woman's Club	Women's History and Resource Center Chairman
Sue Bessert	Rhineland Woman's Club	GFWC-WI Clubwoman Magazine Editor
Deb Brossard	Rhineland Woman's Club	Wisconsin's Own Library Chairman
Carolyn DeJohgh	Rhineland Woman's Club	Trees for Tomorrow Chairman
Erin Epping	Brown Deer Junior Woman's Club	GFWC-WI Webmaster
Kim Bruns	Kenosha Junior Woman's Club	Investment Committee Chairman
Nancy Dickman	Muskego Woman's Club	Budget Committee Chairman
Mary Dietz	Woman's Club of Pewaukee	Health Scholarship Committee Chairman
Linda Brown	Port Washington Woman's Club	Standardized Reports Committee Chairman
Ruth Diedrich	Brillion Woman's Club	Amendments and Policies Chairman
Nancy Dickman	Muskego Woman's Club	Strategic Planning Chairman
Nancy Kuezmarski	Rhineland Woman's Club	Resolutions Chairman
Mary Kaye Ernest	Past District Officers Club	Fundraising & Development Chairman
Mary Kaye Ernest	GFWC-WI Members at Large	Meetings and Conventions Fundraising Chairman
Carolyn Mitchell	Brown Deer Junior Woman's Club	Outside GFWC-WI Fundraising and Development Chairman
Barbara Pontow	Hartford Junior Woman's Club	Nominating Committee Chairman
Sue Sands	Woman's Club of De Pere	President's Theme Emphasis Project Chairman: Mental Health
Ruth Diedrich	Brillion Woman's Club	Meetings and Conventions Advisor
Diane Cychosz	Stevens Point Woman's Club	Timekeeper
Barbara Pontow	Hartford Junior Woman's Club	Timekeeper

*Candidates who's names are on ballot awaiting formal election.

GFWC Resources move to the Member Portal

Have you signed up in MemberSuite? It's the new GFWC system that hosts the Member Portal. It allows you to download documents much faster. And after August 1, GFWC resources will only be available by logging into the GFWC Member Portal and clicking on "My Digital Library."

GFWC
WISCONSIN



Dedicated to community
service since 1896

GFWC - Wisconsin Clubwoman
Editor: Sue Bessert
715-889-2342
bbessert@centurytel.net
Next deadline: Oct 27, 2020

www.gfwc-wi.org

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Stay in tune with all things GFWC!

GFWC Clubwoman Magazine is the premier publication of the General Federation of Women's Clubs, and one of the most useful and beneficial communication tools for informing and educating members.

Published quarterly, the magazine is a source for insightful and informative content that keeps subscribers in tune with all things GFWC.



GFWC Clubwoman Magazine keeps you in the loop of the amazing work of clubwomen around the world!

One complimentary copy of *Clubwoman Magazine* is delivered to each club president at her home address. However, it is not hers alone. This is your club's magazine. Be sure to ask your president to make it available at your next club meeting.

For your personal copy, subscribe online at www.gfwc.org via Marketplace, by mailing in the form, or by contacting Membership Services at 202-347-3168 or 800-443-4392. Annual cost is \$12.

GFWC - WI Dates to Remember:

AUGUST

- 11 Election Day - Vote!
- 14 Clubs send information of deceased members 2018-2020 to Michelle Munoz
- 26 **Women's Equality Day** - Celebrate 100 years to commemorate the 1920 adoption of the Nineteenth Amendment to the United States Constitution, which prohibits the states and the federal government from denying the right to vote to citizens of the United States on the basis of sex.
- 31 **GFWC-WI Fall Conference** - Early Bird Registrations postmarked on or before

SEPTEMBER

- 2 **Deadline to book room for GFWC-WI Fall Conference**; call for reservations 262-506-6300
- 10 **GFWC-WI Fall Conference - Registrations postmarked on or before**
- 15 **Deadline to register for GFWC-WI Mini LEADS**

OCTOBER

- 2-3 **GFWC-WI Fall Conference** - Holiday Inn Pewaukee Milwaukee West; N14 W24140 Tower Place, Pewaukee, WI 53072
- 4 **GFWC-WI Mini LEADS 101 - 9am-Noon**, Holiday Inn Pewaukee Milwaukee West, Pewaukee, WI 53072
- 24 **GFWC Great Lakes Region Conference** - BigMarker virtual
- 25-31 **GFWC Advocates for Children Week**
- 26 **Lakeshore District meeting**, Shorewood
- 27 **Deadline for Club Corner submissions** - GFWC-WI Clubwoman, fall issue

Our Mission

GFWC-Wisconsin is a statewide volunteer community service organization that promotes individual growth and provides education and training to enrich the quality of life worldwide.

GFWC-Wisconsin is a non-profit, tax-exempt charitable organization under Section 501(c)(3) of the Internal Revenue Code.